VICTORY SCHOOL NEWSLETTER

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Winnipeg, MB R2V 0N3



















Dear Families,

Since the beginning of September, we have communicated to our families all of the changes to our everyday school life this year. We now want to let you know about the numerous experiences that continue to happen and that make our school a special place for children.

During October, the following events took place. Events were adjusted to ensure we adhered to the proper safety protocols put in place:

- Bus safety presentations for students in K 5
- A school-based cross-country run for students in grades 3 5
- Fire drill practices
- Learn to Skate for Room 12 and Room 7
- Picture Day (Retakes will take place on November 26th for students who did not have their photo taken on October 15) Orders from the original photo date of October 15th date need to be ordered online, or sent to the school by November 3rd.

Please note that although we are restricted from having school assemblies at this time, we will still recognize Remembrance Day on Tuesday, November 10th. Both our Music Teacher, Mrs. Rumak, and our Phys Ed Teacher, Mr. Pacag, have worked with classes to compose a video of student contributions (poems, artwork, and performances) that will then be shared in each classroom and will be posted to our school website. A link to our Remembrance Day video will be emailed to all of our families.

Students will receive a poppy to wear on Remembrance Day. If you would like to send in a small donation for the poppy, please send it with your child to their classroom teacher, before November 10th.

Remembrance Day is on November 11th, and therefore it is not a school day.

Teacher/Parent/Student conferences will take place through virtual meetings or via phone calls, on Thursday, November 19th in the evening and during the day of Friday, November 20th.

Families should go online and book their conference appointments using Parent Connect. **Parents and** caregivers will be able to view report cards online and book conference times starting on Tuesday, **November 17**th at 10:00 a.m. Please contact our school office if you have any difficulties using Parent Connect. Further details regarding virtual conferences will be emailed out to families at a later date.

VICTORY SCHOOL'S CROSS COUNTRY MEET



Students were able to partake in a Fall Cross Country Meet that was held in our school field on Oct. 7^{th} during recess breaks outdoors. Students ran their grade-appropriate distance (Gr. 3 – 1400m, Gr. 4 – 1600m, Gr. 5 – 1800m) and were timed during the meet. Students have been given their Cross Country Card that has their overall place in their grade level, as well as more importantly, their official time. Students are continuously reminded that it is the time that is the most important number on their card as they can use that as a personal goal to beat for the Cross Country meet in the Spring. We applaud all of our runners for being so passionate and dedicated in spending their recesses to practice (we had some cold ones!) and for competing in our Victory Meet! Great job!

Next event: Modified Team Handball



SEE SAW: GYM & MUSIC

Just a reminder to all families that Mrs. Rumak and Mr. Pacag have created a Gym and Music Seesaw class for all classrooms! There have already been some postings of pictures, videos, and some links in your child's seesaw classes, go check them out!

If you have not already tried to log into your child's seesaw account, we encourage you to do so by using their email and student number.

Email/Username: firstname.lastname@connect.7oaks.org

Password: Student number (00xxxxxxx)

Feel free to email alvin.pacag@7oaks.org if you have any questions regarding Seesaw!

MUSIC NOTES FROM MS. RUMAK



The Victory School Grade 4 and 5 Tone
Chimes ensemble includes students from the Autumn
cohort, from Ms. Toppazzini/Ms. Cormier and Ms. Telenko's
classes. Over the last month, they have learned how to play
Oscar Peterson's "Hymn To Freedom" on the Tone
chimes. They are rehearsing this piece for the CBC Music
Class Challenge. The video of their performance will also be
part of the Victory Remembrance Day video presentation.

Music Bags

To avoid sharing materials this year, each student at Victory has their own music bag that is stored in the music room. The contents of the bags are different depending on the grade.

Kindergartens have rhythm sticks, a shaker and a ribbon.

Grades 1 & 2 have a ribbon and drum sticks.

Grades 3, 4 & 5 have ribbons, drum sticks, a pencil, pencil crayons and a music workbook.

Items may be added to the bags as we continue through the year.





2020–2021 SCHOOL YEAR

COVID-19 is a new virus, and there is no vaccine or treatment for it at this time. Most people who get COVID-19 will have mild symptoms, but for some this virus can cause serious illness and even death. Most people who get sick with COVID-19 can recover at home, but need to isolate and monitor their symptoms. Care at home can help stop the spread of COVID-19 and help ensure that health care resources are available to those with severe COVID-19 symptoms requiring hospitalization. Speak to your public health nurse if you are not able to isolate at home. Isolation from other people is the best way to protect yourself, your loved ones and people in the community.

Do I need to isolate and for how long?

If you:

- have tested positive for COVID-19 and are well enough to recover at home. Isolate for at least 10 days from the time your symptoms started. During this time, a public health official will call you once daily to ask about your temperature and your symptoms. Your public health official will tell you when you can stop isolating.
- have COVID-19 symptoms, have been tested and are waiting for your
 test results. Isolate at home while you are waiting to get the laboratory
 results from a health care provider. If your COVID-19 test results are
 negative, but you have symptoms, or have travelled or been exposed to a
 case, you will need to continue to self-isolate (quarantine) for the entire
 14 days and until you have been symptom free for 24 hours. If your
 COVID-19 test results are positive, a public health official will call you.
- have cold or flu-like symptoms but have not been exposed to COVID-19 through travel or contact with a case. People with a new onset of any one symptom listed in column A or any two or more symptoms listed in column B), should get tested for COVID-19.





- Fever / chills
- Cough
- · Sore throat/ hoarse voice
- Difficulty breathing
- · Loss of taste or smell
- Vomiting or diarrhea for more than 24 hours

B

- Runny nose
- Muscle aches
- Fatigue
- Pink eye (conjunctivitis)
- Headache
- Skin rash of unknown cause
- · Poor feeding, if an infant
 - Nausea or loss of appetite

VISION & HEARING SCREENING NEWS

Our usual school-based vision and hearing screenings are on hold at this time. If you have concerns about your child's hearing, please contact the school and speak to a Learning Support Teacher.



DID YOU KNOW?

Manitoba Health insures basic optometric eye exams for children ages 0-18 years and seniors aged 65 years and over every 2 calendar years, starting with odd years. Ocular health exams for Manitobans of any age with diagnosed eye disease or those defined as high risk for developing eye disease (ex. If you have diabetes) are also insured. Ask your optometrist if you are eligible for insured benefits. If you are eligible for an insured eye exam, your optometrist will be able to bill some services to Manitoba Health on your behalf. Manitoba Health does not insure all services required for a comprehensive eye exam and subsequent treatment. There may be additional charges, which are the patient's responsibility. Your optometrist or the staff will advise you of the fees and charges for services to be performed prior to the provision of services.

Seven Oaks Divisional Programming

Learn to Skate

Wednesday Mornings – Rm 12, Teacher Kahs Thursday Afternoons, Rm 7, Ms. Works

*Ms. Van de Laar's class will be scheduled for Mondays beginning in January

Grade 4 Learn to Swim

*Rm's 5, 17 & 19 are scheduled to begin in January

ROOM 9 MS. EVANS/ MR. REILLY'S CLASSROOM



Room 9 has been working hard and having fun.

Check out the wonderful 'Scared pumpkins' they created this month!





All programs are <u>Free of Charge</u> and are for families living in the Seven Oaks School Division catchment.

Programs are for Parents/caregivers and children ages o - 5 and run on Monday and Wednesday mornings. Together, you will take part in <u>free</u> play, story time, rhymes, songs and art exploration. Registration is ongoing.

To register, please fill out the Google Form: https://forms.gle/sUqnV3ZUw2bvewr37
You may either click on the link or copy and paste it into your web browser.

For more information, please contact Veronica Thiffeault, Community Coordinator, at 204-586-9716 or email at veronica.thiffeault@7oaks.org





Please note, special procedures have been put in place to ensure the safety and well being of all who attend our Parent/Child Preschool Program:

- Limited number of children per program.
- Only one adult per child is to attend.
- Hand sanitization is required upon entry to the building.
- Social distancing of two meters to be adhered to, except for members who reside in the same household.
- Non-medical masks or face coverings are required for adults and encouraged for children. Children under 2 yrs. are not required to wear masks.
- Families must go directly to the community room and leave the building immediately following program.

November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
		Lifetouch Photo Orders Due	Rm 12 Learn to Skate	Rm 7 Learn to Skate		
8	9	10	11	12	13	14
			Remembrance Day No school	Rm 7 Learn to Skate		
15	16	17	18	19	20	21
		Book your conference times &	Rm 12 Learn to Skate	Parent Teacher Conferences	Parent Teacher Conferences	
		view reports on Parent Connect		Rm 7 Learn to Skate	No school	
22	23	24	25	26	27	28
			Rm 12	Rm 7		
			Learn to Skate	Learn to Skate		
				Lifetouch		
				Retakes		
29	30	Looking Ahead: Winter Break dates: Monday December 21—Friday, January 1				